



## NUTRITION GUIDE

(Based on U.S. formulations as of date of posting)

# Coffee Cappuccino and Lattes

	Serving Size	Calories	Calories from fat	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
<b>Bourbon Vanilla Latte</b>	8 fl oz	120	14	1.5	0	1	0	115	27	0	26	1
<b>Caramel Coffee Shot</b>	1 fl oz	25	0	0	0	0	0	20	2	0	0	0
<b>Caramel Macchiato Cappuccino</b>	8 fl oz	90	10	0.5	0	0	0	100	18	0	15	1
<b>Cinnamon Coffee Shot</b>	1 fl oz	25	0	0	0	0	0	0	2	0	0	0
<b>Dark Blend Coffee</b>	8 fl oz	0	0	0	0	0	0	0	0	0	0	0
<b>Decaf Coffee</b>	8 fl oz	0	0	0	0	0	0	0	0	0	0	0
<b>English Toffee Cappuccino</b>	8 fl oz	90	9	1	0	0.5	0	125	19	0	14	1
<b>Extreme Caffeine French Vanilla Cappuccino</b>	8 fl oz	130	15	135	0	0.5	0	115	28	0	20	1
<b>Fat Free French Vanilla Cappuccino</b>	8 fl oz	90	0	0	0	0	0	80	20	0	14	1
<b>French Vanilla</b>	1 fl oz	70	30	3	2	0	0	0	10	0	10	0
<b>French Vanilla Cappuccino</b>	8 fl oz	130	18	2	0.5	1	0	150	27	0	18	1
<b>French Vanilla Coffee Shot</b>	1 fl oz	40	0	0	0	0	0	20	2	0	0	0
<b>Half and Half</b>	1 fl oz	40	30	3.5	2	0	10	10	1	0	0	1
<b>Hazelnut Coffee Shot</b>	1 fl oz	15	0	0	0	0	0	20	2	0	0	0
<b>Hot Chocolate</b>	8 fl oz	120	10	1	0.3	0.3	0	80	29	1	23	1
<b>Light Blend Coffee</b>	8 fl oz	0	0	0	0	0	0	0	0	0	0	0
<b>Medium Blend Coffee</b>	8 fl oz	0	0	0	0	0	0	0	0	0	0	0
<b>Mocha Extreme Cappuccino</b>	8 fl oz	90	10	1	0	0	0	80	20	0	14	1
<b>Peppermint White Chocolate</b>	8 fl oz	150	35	4	3.5	0	0	210	29	0	21	0
<b>Whip Cream Canister</b>	2 tbsp	80	60	7	7	0	0	5	5	0	4	0
<b>Whole Milk</b>	1 fl oz	20	9	1	0.5	0	3	13	1	0	1	1

## INGREDIENTS GUIDE

(Based on U.S. formulations as of date of posting)

### Bourbon Vanilla Latte

INGREDIENTS: SUGAR, WHEY, DEXTROSE, NON-DAIRY CREAMER (PARTIALLY HYDROGENATED SOYBEAN OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, SUGAR, MONO- AND DIGLYCERIDES, SODIUM SILICOALUMINATE, SODIUM STEAROYL LACTYLATE, ARTIFICIAL COLORS AND ARTIFICIAL FLAVORS), COFFEE, NATURAL AND ARTIFICIAL FLAVOR, CELLULOSE GUM, COCOA (PROCESSED WITH ALKALI), XANTHAN GUM, SALT, SILICON DIOXIDE (PREVENTS CAKING). **CONTAINS: MILK.**

### Caramel Coffee Shot

INGREDIENTS: WATER, N&A FLAVORS, GLYCERINE, PROPYLENE GLYCOL, SODIUM ACID SULFATE, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), MONO AMMONIUM GLYCYRRHIZINATE, CARAMEL COLOR (SULFITES).

### Caramel Macchiato Cappuccino

INGREDIENTS: SUGAR, NON-DAIRY CREAMER, CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM SILICOALUMINATE OR SILICON DIOXIDE (ANTI-CAKING AGENT), SODIUM TRIPOLYPHOSPHATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, ARTIFICIAL FLAVORS, BETA CAROTENE (COLOR), RIBOFLAVIN (COLOR), TITANIUM DIOXIDE (ARTIFICIAL COLOR), WHEY NON-FAT DRY MILK, COLOMBIAN SPRAY DRIED COFFEE, CARAMEL COLOR, CMC GUM, SILICON DIOXIDE (ANTI-CAKING AGENT), N&A FLAVORS, SALT, MALTODEXTRIN, DUTCH COCOA.

**CONTAINS: MILK**

### Cinnamon Coffee Shot

INGREDIENTS: WATER, N&A FLAVORS, GLYCERINE, PROPYLENE GLYCOL, CARAMEL COLOR (SULFITES), CITRIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), MONO AMMONIUM GLYCRRHIZINATE, FD&C RED NO. 40.

### Dark Blend Coffee

INGREDIENTS: COFFEE

### Decaf Coffee

INGREDIENTS: DECAFFEINATED COFFEE

### English Toffee Cappuccino

INGREDIENTS: SUGAR, NON-DAIRY CREAMER, CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM SILICOALUMINATE OR SILICON DIOXIDE (ANTI-CAKING AGENT), SODIUM TRIPOLYPHOSPHATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, ARTIFICIAL FLAVORS, BETA CAROTENE (COLOR), RIBOFLAVIN (COLOR), TITANIUM DIOXIDE (ARTIFICIAL COLOR), WHEY, MALTODEXTRIN, NON-FAT DRY MILK, CMC GUM, SALT, DUTCH COCOA, COLUMBIAN SPRAY DRIED COFFEE, N&A FLAVORS, CARAMEL COLOR, SILICON DIOXIDE (ANTI-CAKING AGENT).

**CONTAINS: MILK**

### Extreme Caffeine French Vanilla Cappuccino

INGREDIENTS: SUGAR, WHEY, NON DAIRY CREAMER (CORN SYRUP SOLIDS, PARTIALLY HRDROGENATED SOYBEAN OIL, SODIUM CASEINATE (A MILK DERIVATIVE), SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: DIPOTASIUUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM SILICO ALUMINATE, ARTIFICIAL COLOR AND FLAVOR), MALTODEXTRIN, INSTANT COFFEE, SILICON DIOXIDE (TO PREVENT CAKING), NATURAL AND ARTIFICIAL FLAVOR, CELLULOSE GUM, SODIUM CITRATE, COCOA POWDER (PROCESSED WITH ALKALI), CAFFEINE.

**CONTAINS MILK AND SOY.**

### Fat Free French Vanilla Cappuccino

INGREDIENTS: SUGAR, MALTODEXTRIN, NON-FAT DRY MILK, WHEY, NON DAIRY CREAMER, (CORN SYRUP SOLIDS, PARTIALLY HRDROGENATED SOYBEAN OIL, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM SILICOALUMINATE OR SILICON DIOXIDE (ANTI CAKING AGENT), SODIUM TRIPOLYPHOSPHATE, DIACETYL TARTARIC ACID ESTERS OF MONO AND DIGLYCERIDES, ARTIFICIAL FLAVORS, BETA CAROTENE (COLOR), RIBOFLAVIN (COLOR), TITANIUM DEIOXIDE (ARTIFICIAL COLOR), CMC GUM, N&A FLAVOR, COLOMBIAN SPRAY DRIED COFFEE, SALT, DUTCH COCOA, SILICON DIOXIDE (ANTI CAKING AGENT).

**CONTAINS: MILK**

### French Vanilla

INGREDIENTS: WATER, CANE SUGAR, PALM OIL, LESS THAN 2% OF: SODIUM CASEINATE\* (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, CARRAGEENAN, MONO AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, CONTAINS MILK DERIVATIVES. \*SODIUM CASEINATE IS NOT A SOURCE OF LACTOSE.

### French Vanilla Cappuccino

INGREDIENTS: SUGAR, NON DAIRY CREAMER (CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED COCONUT AND/OR SOYBEAN OIL, SUGAR, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM ALUMINATE, ARTIFICIAL COLOR AND FLAVOR), WHEY, MALTODEXTRIN, SILICON DIOXIDE, INSTANT COFFEE, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, SODIUM CITRATE, SALT.

**CONTAINS MILK AND SOY.**

**French Vanilla Coffee Shot**

INGREDIENTS: WATER, N&A FLAVORS, GLYCERINE, PROPYLENE GLYCOL, SODIUM ACID SULFATE, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), MONO AMMONIUM GLUCYRRHIZINATE, CARAMEL COLOR (SULFITES).

**Half and Half**

INGREDIENTS: MILK, CREAM, SODIUM CITRATE, TETRASODIUM PYROPHOSPHATE AND CARRAGEENAN.

**CONTAINS: MILK**

**Hazelnut Coffee Shot**

INGREDIENTS: WATER, N&A FLAVORS, GLYCERINE, PROPYLENE GLYCOL, SODIUM ACID SULFATE, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), CARAMEL COLOR (SULFITES).

**Hot Chocolate**

INGREDIENTS: SUGAR, WHEY, NON DAIRY CREAMER (CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED COCONUT AND/OR SOYBEAN OIL, SUGAR, SODIUM CASEINATE (A MILK DERIVATIVE) DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM SILICO ALUMINATE, ARTIFICIAL COLOR AND FLAVOR), COCOA POWDER (PROCESSED WITH ALKALI), SILICON DIOXIDE, CELLULOSE GUM, NATURAL AND ARTIFICIAL FLAVOR, SALT.

**CONTAINS MILK AND SOY.**

**Light Blend Coffee**

INGREDIENTS: COFFEE

**Medium Blend Coffee**

INGREDIENTS: COFFEE

**Mocha Extreme Cappuccino**

INGREDIENTS: SUGAR, NON- DAIRY CREAMER, CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO AND DIGLYCERIDES, SODIUM SILICOALUMINATE OR SILICON DIOXIDE (ANTI-CAKING AGENT), SODIUM TRIPOLYPHOSPHATE, DIACETYL ACID ESTERS OF MONO AND DIGLYCERIDES, ARTIFICIAL FLAVORS, BETA CAROTENE (COLOR), RIBOFLAVIN (COLOR), TITANIUM DIOXIDE (ARTIFICIAL COLOR), WHEY MALTODEXTRIN, COLUMBIAN SPRAY DRIED COFFEE, N&A FLAVORS, CARAMEL COLOR, DUTCH COCOA, CMC GUM, SILICON DIOXIDE (ANTI-CAKING AGENT), SALT, TITANIUM DIOXIDE.

**CONTAINS: MILK, SOY.**

**Peppermint White Chocolate**

INGREDIENTS: SUGAR, NON-DAIRY CREAMER (CONTAINS CORN SYRUP SOLIDS, HYROGENATED COCONUT OIL, SODIUM CASEINATE (A MILK DERIVATIVE), DIPOTASSIUM PHOSPHATE, MONO- AND DIGLYCERIDES, TRICALCIUM PHOSPHATE, ARTIFICIAL FLAVORS, SOY LECITHIN, AND ARTIFICIAL COLORS), MALTODEXTRIN, NONFAT DRY MILK, NATURAL AND ARTIFICIAL FLAVORS, SODIUM CITRATE, CELLULOSE GUM, SWEET CREAM (CONTAINS SWEET CREAM, SKIM MILK SOLIDS, SOYBEAN OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, AND MONO- AND DIGLYCERIDES), SALT, SILICON DIOXIDE, AND CINNAMON.

**CONTAINS: MILK, SOY.**

**Whip Cream Canister**

INGREDIENTS: WATER, SKIM MILK, HYDROGENATED VEGETABLE OIL (PALM, PALM KERNEL, COCONUT AND/OR COTTONSEED), SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: POLYSORBATE 60, SORBITAN MONOSTEARATE, NATURAL AND ARTIFICIAL FLAVOR, SOY PROTEIN ISOLATE, DIPOTASSIUM PHOSPHATE, HYDROXYPROPYLCELLULOSE, NATURAL FLAVOR (CONTAINS MILK INGREDIENTS), SOY LECITHIN, COLORED WITH BETA CAROTENE.

**CONTAINS: MILK, SOY**

**Whole Milk**

INGREDIENTS: MILK AND VITAMIN D3.

**CONTAINS: MILK**